

Living Free part 1

Romans 8v1-21

What will it include?

- Growing in confidence in hearing God
- Recognising destructive thought patterns
- Daily habits that make lasting change
- 'Freedom Prayer' – a discipleship prayer model

Questions for discussion/reflection/prayer

What has 'being free' meant for you in your Christian life?

If you've done Living Free previously what were the key truths which have really impacted you?

What excites you about doing this course?

What keeps you living in the truth that you are God's son/daughter?

Which aspects of the course most intrigue you?
Identity, hearing God, defeating the enemy, choices we make, dealing with what holds us back.

Where do you expect God to challenge you through this?

Therefore, there is now no condemnation for those who are in Christ Jesus, 2 because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death. 3 For what the law was powerless to do because it was weakened by the flesh, God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh, 4 in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit.

5 Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. 6 The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. 7 The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so. 8 Those who are in the realm of the flesh cannot please God.

9 You, however, are not in the realm of the flesh but are in the realm of the Spirit, if indeed the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, they do not belong to Christ. 10 But if Christ is in you, then even though your body is subject to death because of sin, the Spirit gives life because of righteousness. 11 And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you.

12 Therefore, brothers and sisters, we have an obligation—but it is not to the flesh, to live according to it. 13 For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.

14 For those who are led by the Spirit of God are the children of God. 15 The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, "Abba, Father." 16 The Spirit himself testifies with our spirit that we are God's children. 17 Now if we are children, then we are heirs —heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory.

18 I consider that our present sufferings are not worth comparing with the glory that will be revealed in us. 19 For the creation waits in eager expectation

for the children of God to be revealed. 20 For the creation was subjected to frustration, not by its own choice, but by the will of the one who subjected it, in hope 21 that the creation itself will be liberated from its bondage to decay and brought into the freedom and glory of the children of God.

What is Living Free all about?

Galatians 5:1

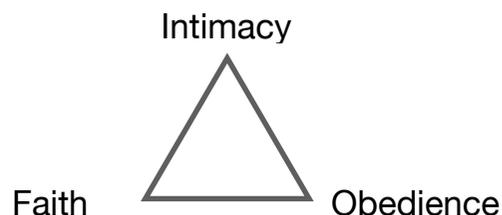
It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

Romans 8:19

The entire universe is standing on tiptoe, yearning to see the unveiling of God's glorious sons and daughters!

Ephesians 3:10

so that through the church the wisdom of God in its rich variety might now be made known to the rulers and authorities in the heavenly places.



Free From

- v1 Condemnation
- v2 Law of sin & death
- v5 Setting our minds on flesh
- v12-13 slavery to the flesh

Free From

- v7 hostile to God
- v15 living as orphans

Free To

- v4 Forgive
- v6 Life & peace
- v11 life (physical bodies)
- v7 hostile to God
- v14 Sons & Daughters
- v17 Part of a Family

HOW?

Identity

Hearing God

Rebuking the enemy

Choices we make

Dealing with whatever holds us back